## Quilt 101 - Beginning Quilting Stitch Practice Sheet #1

Step One - Straight Lines	
Step Two - Gentle Curves	
Step Three - Zig Zag	
Step Four - Square box	Step Five- Spiral

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**Quarter inch seams practice** - Try stitching 1/4" seam to the side of each line. Then measure your seam and see how well you did with each seam. Use a quarter inch foot, marking tape or needle position to set your seam.